

# AN EVENING WITH NADIA FORDE

THE ALL-SINGIN', ALL  
DANCIN', IRISH-ITALIAN  
EXPORT TEACHES *FHM*  
A THING OR TWO ABOUT  
DATING IN THE TINDER AGE

Words: Si Cunningham  
Photography: Zoe McConnell





# Q&A

Well, son, it's a funny story really. Your nan originally swiped left when she saw my profile pic – put off by all these tattoos... Hey, let's hear it for pops, 2055, part of the generation that helped kill chivalry.

It's a scenario one pretty lady is on a mission to prevent: Irish-Italian model and TV star Nadia Forde is here to fly the flag for old-school dating before the online sex drones take over, once and for all.

Fantastic Miss Forde has been a pretty big deal in her native Ireland for some time (notching up a hit telly show and a top 10 track on the UK Urban Club chart). But now, she has her heart set on charming these fair isles. An appearance on *I'm A Celebrity*... last year has already done wonders for her British profile (as

well as her fear of mice) and she wants to teach our blokes a thing or two about romance. *FHM* was all too happy to sit up and listen to what she had to say...

**FHM: Hello Nadia. You must have notched up loads more interviews like this since being on British TV...**

**Nadia:** Yeah, I'm used to being asked random questions for three hours straight, so it's cool. I've just done this campaign for a dating company, so I have a full afternoon of interviews, but I have a feeling this one will be a bit more fun...

**What sort of dating advice have you been dishing out, then?**

It's all about people embracing their imperfections and learning to love their flaws. There's so much pressure around dating these days, that it's good to focus on something different. And it's not just physical imperfections, it could be, like, "Oh, I'm scared of the dark" or "I snore..."

**You clearly keep your imperfections quite well hidden...**

Ha! I'm a bit impatient and a massive chatterbox, so if I come home from a long day, I have to get everything out, even if the other person isn't interested. I'm always texting, too...

**Yeah, everyone is glued to their iPhones these days. Has that rubbish ruined the art of dating?**

A little bit, yeah. But isn't that just modern life? Everything's done online nowadays, so it feels natural that dating is too. I mean, for me, it's still important to do the old chivalry thing.

**So we wouldn't find you on Tinder?**

I've never been one for casual hook-ups. I don't get that whole thing. But then I'm not a big fan of dates and I'm rubbish at flirting. I'm so shy that, for me, hanging out with a bunch of mates is way more appealing than the whole awkward, "So tell me a bit about yourself..." But I've been single for three years now, and it's been so long since I've done all that, so you know...

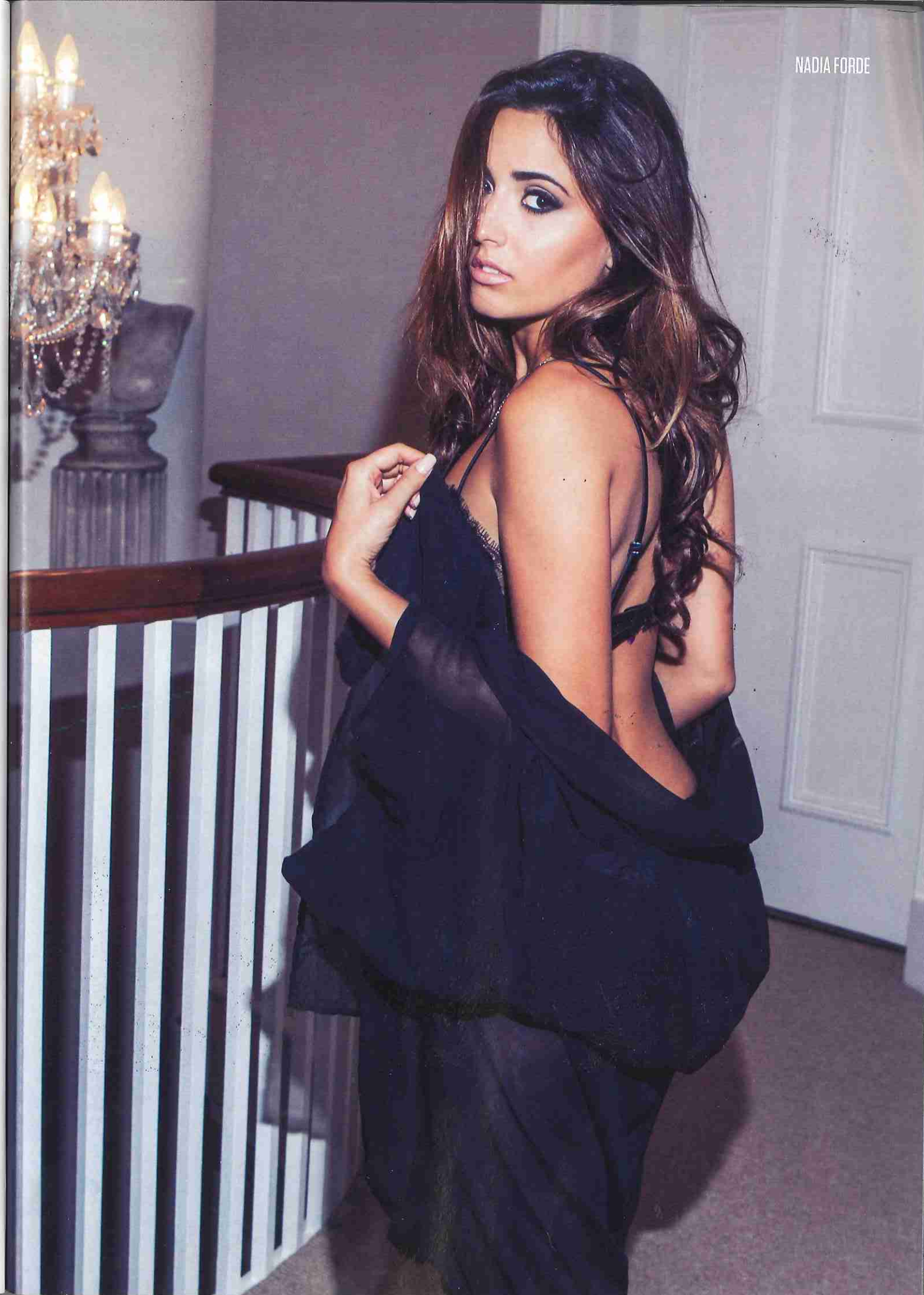
**Wait, how is that even possible?**

**What sort of terrifying secret are you hiding?**

Jesus, I don't know! Ha-ha!

**Sorry! We didn't mean to imply you were a monster...**

It's OK. I think it's just been a choice thing. I've come out of long-distance relationships in the past really not knowing what I wanted.





“PEOPLE  
REALLY DO  
GO MAD FOR  
THE ACCENT.  
THEY’RE  
ALWAYS  
MAKING  
ME SAY  
‘THIRTY’”





**We're surprised you didn't cook it or eat its willy...**

Not quite, but I'm definitely more accustomed to them being around.

**So having watched your US show, *Nadia Goes To Hollywood*, those Yanks seem a bit full-on and, at times, bloody rude. Are they genuinely arsey or is it all an act?**

I think it's both. They can be full-on, but LA is a true land of opportunity and there's a very clear difference in attitude between people from there and British people. People are going to put you under pressure, so you have to stay strong and deal with it.

**Having a 'royt noyce' accent must help too?**

Ha-ha! I'm sure the last time I spoke to *FHM*, you got me to do a 'how to charm an Irish girl' guide [*That was a guide to charming girls, not a thing about charming girl guides - Ed*] and it was so well received! I got lots of messages. People really do go mad for the accent, don't they? They're always making me say '30'.

**You've had a bit of chart success in the past, right?**

Yeah, I think these days you need to cross over into all mediums, and that's why you get so many musical people moving into TV. But I've got a new single coming out called *Stuck*, which I'm super-excited about. It's a catchy pop song you'll definitely be singing along to.

**You seem to have a fair few strings to your bow. What else are you awesome at?**

I was definitely the kid who couldn't sit still. As a teenager I wasn't interested in boys, and was singing and dancing five days a week. That probably changed a bit when I was 18 and was a bit more, like, "Mmm, boys, maybe I'll have a look!"

**Given your heritage, which parts of you are Irish and which are Italian?**

My bum is Italian, as is my hair. I must really have that sort of dark

MAKE-UP: CASSE STEWARD.  
HAIR: JASMIN FERLEY FROM  
SET AND STOCKINGS BY MAISON





**QUICKFIRE  
ROUND**

**UK or USA?**  
Oh, UK.

**Guinness  
or gin?**  
Guinness  
with a shot of  
blackcurrant.

**Italy or  
Ireland?**  
Oh God! I'll  
piss off half  
my family.  
But Ireland's  
my home.

**City or  
country?**  
Country. I love  
somewhere  
secluded.

**Trainers  
or heels?**  
Trainers always.  
I can't walk in  
heels.

**Jungle or  
hotel?**  
Hotel, with my  
jungle family.

**Red Bull  
or coffee?**  
Coffee.

**Ant or Dec?**  
That's a  
naughty one!  
And before you  
ask, I can tell  
the difference!



**“IT’S BEEN SO  
LONG SINCE  
I’VE HAD A  
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AWAY...”**